



Name	RIDING A MOUNTAIN BIKE ALONG ARDA VALLEY CASTLES
Location	castell-arquato
Description	<p>Panoramic trail 32 km long along Arda and Ongina valleys borders, among the medieval boroughs of Castell'Arquato and Vigoleno.</p> <p>You can book a guided tour, accompanied by the official mountain bike guides for the area, by calling the numbers provided.</p>
Telephone	per Info A.S.D. Mtb Valli Piacentine cell +39.335.6504268 Dino ? +39.335.6536639 Vito
Telefax	+39.0523.591679
Email	info@mtbvallipiarentine.it
Website	http://www.mtbvallipiarentine.it
Time of performance	from March to November
Organization	A.S.D. Mtb Valli Piacentine Via Ottobono, 2c 29122 Piacenza
Route detail	<p>The itinerary is not difficult from the technical point of view, but needs some preparation. From Castell'Arquato, riding along the border of the two valleys, you will reach offroad the well known borough of Vigoleno. From the square in front of the castle continue on the trail leading to Mount Cergallina, on a dusty road leading through the valley running along the river you will reach Vernasca village. Ride on to the path in between the two valleys overlooking the cement cave (now closed) towards Castell'Arquato.</p> <p>For more information, click here</p>

http://turismo.provincia.pc.it/discover-the-area/routes-and-tours/mountain-biking/item/in-mountain-bike-tra-i-castelli-del-val-d-arda.html?category_id=383&lang=en

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